

# Invest in Your Career and Future

If you would like to be considered for a promotion or to change your career trajectory, you need to understand how you perform relative to others.

In just 45 minutes through an online neuroscience assessment, you'll understand your innate strengths and weaknesses as quantified along 17 proven leadership dimensions.

Then to help hone your skills, we'll recommend and provide access to online exercises that you conduct for 10 minutes, three times weekly — either from the home, office or road.

In just a few months, your manager and your colleagues will notice a significant increase in your ability to:

- Lead others, focus, perform at a higher level and solve difficult problems
- Understand and more effectively communicate with individuals around you
- Overcome obstacles while embracing change
- Enjoy your job while reducing stress and anxiety levels

We can definitely help prepare you to reach your career objectives. We'll:

1. Guide you through an online neuroscience leadership assessment — identifying your strengths and needs
2. Discuss the results with you during a personal one-hour debriefing session — recommending a *personalized* set of online exercises
3. Provide access to an arsenal of online exercises proven to enhance your executive abilities
4. Follow-up with a one-hour coaching session — discussing your objectives, any personal or professional challenges, and your next career steps

With seasoned coaches, we provide personal guidance to accelerate careers. Contact or call us at 408.219.5377 take your career to the next level.

It's the best investment in yourself, your family and your career you will ever make.